

SEPT 25  
WEEK 1

**MAIN**

**MONDAY**

**AFTERNOON BRUNCH**

Beans or Peas

**(2A,4,7,14)**

**TUESDAY**

**SPAGHETTI BOLOGNESE**

Garlic Bread

**(1,2A,7,13)**

**WEDNESDAY**

**SALMON FISH CAKE & CHIPS**

Beans/Peas

**(2A,5)**

**THURSDAY**

**CHICKEN TIKKA**

Rice, Peas & Naan Bread

**(2A,7)**

**FRIDAY**

**JACKET POTATO**

Cheese & Salad

**(7)**

**VEGETARIAN**

**AFTERNOON VEG BRUNCH**

Beans/Peas

**(2A,4,7,13,14)**

**QUORN BOLOGNESE**

Garlic Bread

**(2A,2C,4,7,13)**

**FALAFEL SPINACH BURGER, CHIPS**

Beans/Peas

**(2A,4,12)**

**VEGETARIAN TIKKA**

Rice, Peas & Naan Bread

**(2A,4,7)**

**JACKET POTATO**

Cheese & Salad

**(7)**

**DELI**

**FRESHLY PREPARED SALAD WITH A OPTION OF TOPPINGS (CHEESE (7), CHICKEN TIKKA (4,7), CHICKEN MAYO (4), HAM OR TUNA MAYO (4,5) AND A SIDE OF JACKET POTATO, COLD PASTA (2A) OR CRUSTY ROLL (2A).**

**(ALL ITEMS SUBJECT TO AVAILABILITY)**

**TAKEOUT TUBS**

**HERBY TOMATO or CHICKEN KORMA (7)**

With Fusilli Pasta

**(2A,9,13)**

or Rice

**HERBY TOMATO or BEEF BOLOGNESE**

With Fusilli Pasta

**(2A,9,13)**

or Rice

**HERBY TOMATO or CHICKEN TIKKA (7)**

With Fusilli Pasta

**(2A,9,13)**

or Rice

**HERBY TOMATO or BEEF CHILLI**

With Fusilli Pasta

**(2A,9,13)**

or Rice

**HERBY TOMATO or CHEESE (7)**

With Fusilli Pasta

**(2A,9,13)**

**PUDDING**

**ICE CREAM POT**

**(7)**

Fresh Fruit, Yoghurt (7)Or Jelly

**APPLE CRUMBLE & CUSTARD**

**(2A,7)**

Fresh Fruit, Yoghurt (7)Or Jelly

**MIXED FRUIT MUFFIN**

**(2A,4,7,13,14)**

Fresh Fruit, Yoghurt (7)Or Jelly

**VANILLA SPONGE & CUSTARD**

**(2A,4,7)**

Fresh Fruit, Yoghurt (7)Or Jelly

**FLAP JACK**

**(2A,2C,2D)**

Fresh Fruit, Yoghurt (7)Or Jelly

Use the QR Code to get all the Allergy and Nutritional Information or type in a Browser

<https://app.catercloud.com/menu/082699BC-760C-4756-9383-958F5489C622>

**ANY ALLERGY CONCERNS PLEASE SPEAK TO THE CATERING TEAM**  
**ALLERGIES HIGHLIGHTED IN RED "CONTAINS" THE ALLERGY BLACK "MAY CONTAIN"**

**1 Celery 2A Wheat 2B Rye 2C Barley 2D Oats 2E Spelt 3 Crustaceans 4 Eggs 5 Fish 6 Lupin 7 Milk 8 Molluscs 9 Mustard 10 Peanuts 11 Nuts 12 Sesame 13 Soya 14 Sulphur Dioxide**



WE ONLY SERVE FOOD WE WOULD BE HAPPY TO BE SERVED OURSELVES. MOST OF OUR MEAT IS RED TRACTOR ACCREDITED AND BRITISH, OUR EGGS AND MAYO ARE FREE RANGE, OUR FISH IS CAUGHT FROM SUSTAINABLE STOCKS. TO FURTHER REDUCE THE FOOD MILES, AMEY'S AIM IS TO PROCURE OUR INGREDIENTS FROM ONE SUPPLIER THAT SOURCE AS LOCAL AS POSSIBLE. HOWEVER SOURCING THESE GREAT INGREDIENTS AND PRODUCING GREAT TASTING FOOD CAN ONLY BE BROUGHT TOGETHER BY OUR SKILLED AND TRAINED TEAMS. ALL OF OUR FOOD IS PRODUCED IN AN ENVIRONMENT WHERE NUTS AND OTHER FOOD ALLERGENS ARE PRESENT, IF YOU HAVE A DIETARY REQUIREMENTS, PLEASE SPEAK TO ONE OF OUR TEAM WHO WILL BE HAPPY TO HELP TO FIND SOMETHING SUITABLE. ALL OF OUR DISHES ARE FULLY COMPLIANT WITH THE NEW GOVERNMENT NUTRITIONAL GUIDELINES 2015 AND PRODUCED USING A FOOD ANALYSIS SYSTEM.

SEPT 25  
WEEK 2

**MAIN**

**VEGETARIAN**

**DELI**

**TAKEOUT TUBS**

**PUDDING**

**MONDAY**

**COTTAGE PIE**  
Peas, Sweetcorn  
**(2A, 2C, 7, 13)**

**QUORN COTTAGE PIE**  
Peas, Sweetcorn  
**(2A, 2C, 4, 7, 13)**

**HERBY TOMATO or CHICKEN KORMA (7)**  
With Fusilli Pasta  
**(2A, 9, 13)**  
or Rice

**ICE CREAM**  
**(7)**  
Fresh Fruit, Yoghurt (7) Or Jelly

**TUESDAY**

**PEPPERONI PASTA BAKE**  
Salad  
**(2A, 9, 7, 13)**

**CHEESE & TOMATO PASTA BAKE**  
Salad  
**(2A, 7)**

**HERBY TOMATO or BEEF BOLOGNESE**  
With Fusilli Pasta  
**(2A, 9, 13)**  
or Rice

**APPLE 'N' PEAR CRUMBLE & CUSTARD**  
**(2A, 7)**  
Fresh Fruit, Yoghurt (7) Or Jelly

**WEDNESDAY**

**FISH, CHIPS**  
Beans/Peas  
**(2A, 5)**

**CHEESE & ONION PASTY, CHIPS**  
With Beans/Peas  
**(2A, 7)**

**HERBY TOMATO or CHICKEN TIKKA (7)**  
With Fusilli Pasta  
**(2A, 9, 13)**  
or Rice

**PINEAPPLE & CHERRY MUFFIN**  
**(2A, 4, 7)**  
Fresh Fruit, Yoghurt (7) Or Jelly

**THURSDAY**

**CHICKEN KORMA**  
Rice & Naan Bread  
**(2A, 7)**

**QUORN KORMA**  
Rice & Naan Bread  
**(2A, 4, 7)**

**HERBY TOMATO or BEEF CHILLI**  
With Fusilli Pasta  
**(2A, 9, 13)**  
or Rice

**CHOCOLATE & DATE SPONGE & CUSTARD**  
**(2A, 4, 7)**  
Fresh Fruit, Yoghurt (7) Or Jelly

**FRIDAY**

**JACKET POTATO**  
Tuna & Salad  
**(4, 5)**

**JACKET POTATO**  
Tuna & Salad  
**(4, 5)**

**HERBY TOMATO or CHEESE (7)**  
With Fusilli Pasta  
**(2A, 9, 13)**

**CHERRY SHORTBREAD**  
**(2A)**  
Fresh Fruit, Yoghurt (7) Or Jelly

**FRESHLY PREPARED SALAD WITH A OPTION OF TOPPINGS (CHEESE (7), CHICKEN TIKKA (4,7), CHICKEN MAYO (4), HAM OR TUNA MAYO (4,5) AND A SIDE OF JACKET POTATO, COLD PASTA (2A) OR CRUSTY ROLL (2A). (ALL ITEMS SUBJECT TO AVAILABILITY)**

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ALLERGIES HIGHLIGHTED IN RED "CONTAINS" THE ALLERGY BLACK "MAY CONTAIN"**

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SEPT 25  
WEEK 3

**MAIN**

**VEGETARIAN**

**DELI**

**TAKEOUT TUBS**

**PUDDING**

**MONDAY**

**ROAST BEEF**  
Roast Potato, Yorkshire pud,  
Green Beans, Sweetcorn &  
Gravy  
**(2A,2C,4,7,13)**

**CAULIFLOWER CHEESE**  
Roast Potatoes, Yorkshire  
pud, Green Beans, Sweetcorn  
& Gravy  
**(1,2A,2C,4,7,9,13)**

FRESHLY PREPARED SALAD WITH A OPTION OF TOPPINGS (CHEESE (7), CHICKEN TIKKA (4,7), CHICKEN MAYO (4), HAM OR TUNA MAYO (4,5) AND A SIDE OF JACKET POTATO, COLD PASTA (2A) OR CRUSTY ROLL (2A).  
(ALL ITEMS SUBJECT TO AVAILABILITY)

**HERBY TOMATO or CHICKEN KORMA (7)**  
With Fusilli Pasta  
**(2A,9,13)**  
or Rice

**ICE CREAM POT**  
**(7)**  
Fresh Fruit, Yoghurt (7)Or Jelly

**TUESDAY**

**BEEF CHILLI**  
Rice & Nacho's  
**(2A)**

**QUORN CHILLI**  
Rice & Nacho's  
**(2C,4)**

**HERBY TOMATO or BEEF BOLOGNESE**  
With Fusilli Pasta  
**(2A,9,13)**  
or Rice

**STRAWBERRY 'N' RHUBARB CRUMBLE & CUSTARD**  
**(2A,4,7,13)**  
Fresh Fruit, Yoghurt (7)Or Jelly

**WEDNESDAY**

**FISH, CHIPS**  
With Beans/Peas  
**(2A,5)**

**VEGAN SAUSGAE ROLL, CHIPS**  
Beans/Peas  
**(2A,2C,7,13)**

**HERBY TOMATO or CHICKEN TIKKA (7)**  
With Fusilli Pasta  
**(2A,9,13)**  
or Rice

**LEMON DRIZZLE MUFFIN**  
**(2A,4,7)**  
Fresh Fruit, Yoghurt (7)Or Jelly

**THURSDAY**

**CHICKEN BALTI**  
Rice & Naan Bread  
**(2A,4,9)**

**VEGETARIAN BALTI**  
Rice & Naan Bread  
**(2A,4,7,9)**

**HERBY TOMATO or BEEF CHILLI**  
With Fusilli Pasta  
**(2A,9,13)**  
or Rice

**JAM SPONGE & CUSTARD**  
**(2A,4,7,13)**  
Fresh Fruit, Yoghurt (7)Or Jelly

**FRIDAY**

**JACKET POTATO**  
Beans & Salad

**JACKET POTATO**  
Beans & Salad

**HERBY TOMATO or CHEESE (7)**  
With Fusilli Pasta  
**(2A,9,13)**

**CHOCOLATE & ORANGE BROWNIE**  
**(2A,4,7,13)**  
Fresh Fruit, Yoghurt (7)Or Jelly

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SEPT 25  
WEEK 4

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**MAIN**

**HUNTERS CHICKEN**  
Wedges & Salad  
  
(7)

**CHICKEN & GARLIC MUSHROOM TAGLIATELLE**  
Garlic Bread  
(2A, 4, 7, 9, 13)

**SALMON FISH CAKE, CHIPS**  
beans/peas  
(2A, 5)

**KATSU CHICKEN CURRY**  
Rice & Naan Bread  
(2A, 13)

**JACKET POTATO**  
Cheese & Salad  
(7)

**VEGETARIAN**

**VEGAN FILLET**  
Wedges & Salad  
  
(1, 2A)

**GARLIC MUSHROOM TAGLIATELLE**  
Garlic Bread  
(1, 2A, 4, 7, 9, 13)

**VEGETARIAN SAUSAGE, CHIPS**  
beans/peas  
(2A, 2C, 4, 7)

**KATSU VEGETABLE CURRY**  
Rice & Naan Bread  
(2A, 13)

**JACKET POTATO**  
Cheese & Salad  
(7)

**DELI**

FRESHLY PREPARED SALAD WITH A OPTION OF TOPPINGS (CHEESE (7), CHICKEN TIKKA (4,7), CHICKEN MAYO (4), HAM OR TUNA MAYO (4,5) AND A SIDE OF JACKET POTATO, COLD PASTA (2A) OR CRUSTY ROLL (2A).  
(ALL ITEMS SUBJECT TO AVAILABILITY)

**TAKEOUT TUBS**

**HERBY TOMATO or CHICKEN KORMA (7)**  
With Fusilli Pasta  
(2A, 9, 13)  
or Rice

**HERBY TOMATO or BEEF BOLOGNESE**  
With Fusilli Pasta  
(2A, 9, 13)  
or Rice

**HERBY TOMATO or CHICKEN TIKKA (7)**  
With Fusilli Pasta  
(2A, 9, 13)  
or Rice

**HERBY TOMATO or BEEF CHILLI**  
With Fusilli Pasta  
(2A, 9, 13)  
or Rice

**HERBY TOMATO or CHEESE (7)**  
With Fusilli Pasta  
(2A, 9, 13)

**PUDDING**

**ICE CREAM POT**  
  
(7)  
Fresh Fruit, Yoghurt (7) Or Jelly

**APPLE CRUMBLE & CUSTARD**  
  
(2A, 7)  
Fresh Fruit, Yoghurt (7) Or Jelly

**MIXED FRUIT MUFFIN**  
  
(2A, 4, 7, 13, 14)  
Fresh Fruit, Yoghurt (7) Or Jelly

**VANILLA SPONGE & CUSTARD**  
  
(2A, 4, 7)  
Fresh Fruit, Yoghurt (7) Or Jelly

**CHERRY SHORTBREAD**  
  
(2A, 2C, 2D)  
Fresh Fruit, Yoghurt (7) Or Jelly

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SEPT 25  
WEEK 5

**MAIN**

**VEGETARIAN**

**DELI**

**TAKEOUT TUBS**

**PUDDING**

**MONDAY**

**PORK SAUSAGES**  
Mash Potato, Peas & Gravy  
**(2A, 2C, 7, 13, 14)**

**VEGGIE SAUSAGES**  
Mash Potato, Peas & Gravy  
**(2A, 2C, 7, 13)**

**HERBY TOMATO or CHICKEN KORMA (7)**  
With Fusilli Pasta  
**(2A, 9, 13)**  
or Rice

**ICE CREAM**  
**(7)**  
Fresh Fruit, Yoghurt **(7)** Or Jelly

**TUESDAY**

**CHICKEN & BROCCOLI BAKE**  
Garlic Bread  
**(1, 2A, 4, 7, 9, 13)**

**MACARONI CHEESE**  
Garlic Bread  
**(2A, 7, 13)**

**HERBY TOMATO or BEEF BOLOGNESE**  
With Fusilli Pasta  
**(2A, 9, 13)**  
or Rice

**APPLE 'N' PEAR CRUMBLE & CUSTARD**  
**(2A, 7)**  
Fresh Fruit, Yoghurt **(7)** Or Jelly

**WEDNESDAY**

**FISH, CHIPS**  
Beans/Peas  
**(5)**

**JACKET POTATO**  
Tuna & Salad  
**(4, 5)**

**HERBY TOMATO or CHICKEN TIKKA (7)**  
With Fusilli Pasta  
**(2A, 9, 13)**  
or Rice

**PINEAPPLE & CHERRY MUFFIN**  
**(2A, 4, 7)**  
Fresh Fruit, Yoghurt **(7)** Or Jelly

**THURSDAY**

**THAI GREEN CHICKEN CURRY**  
Rice & Naan Bread  
**(2A, 7)**

**THAI GREEN VEG CURRY**  
Rice & Naan  
**(2A, 4, 7)**

**HERBY TOMATO or BEEF CHILLI**  
With Fusilli Pasta  
**(2A, 9, 13)**  
or Rice

**CHOCOLATE & DATE SPONGE & CUSTARD**  
**(2A, 4, 7)**  
Fresh Fruit, Yoghurt **(7)** Or Jelly

**FRIDAY**

**JACKET POTATO**  
Tuna & Salad  
**(4, 5)**

**SPICY BEAN BURGER, CHIPS**  
Beans/Peas  
**(2A)**

**HERBY TOMATO or CHEESE (7)**  
With Fusilli Pasta  
**(2A, 9, 13)**

**CHERRY SHORTBREAD**  
**(2A)**  
Fresh Fruit, Yoghurt **(7)** Or Jelly

FRESHLY PREPARED SALAD WITH A OPTION OF TOPPINGS (CHEESE **(7)**, CHICKEN TIKKA **(4, 7)**, CHICKEN MAYO **(4)**, HAM OR TUNA MAYO **(4, 5)**) AND A SIDE OF JACKET POTATO, COLD PASTA **(2A)** OR CRUSTY ROLL **(2A, 11, 7, 12, 13)**.  
**(ALL ITEMS SUBJECT TO AVAILABILITY)**

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**ALLERGIES HIGHLIGHTED IN RED "CONTAINS" THE ALLERGY BLACK "MAY CONTAIN"**

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SEPT 25  
WEEK 6

**MAIN**

**VEGETARIAN**

**DELI**

**TAKEOUT  
TUBS**

**PUDDING**

**MONDAY**

**ROAST CHICKEN**  
Roast Potatoes,  
Yorkshire Pudding,  
Cauliflower, corn &  
Gravy  
**(2A, 2C, 4, 7, 13)**

**QUORN FILLET**  
Roast Potatoes,  
Yorkshire Pudding,  
Cauliflower, corn &  
Gravy  
**(2A, 2C, 4, 7, 13)**

**HERBY TOMATO or  
CHICKEN KORMA (7)**  
With Fusilli Pasta  
**(2A, 9, 13)**  
or Rice

**ICE CREAM POT**  
**(7)**  
Fresh Fruit, Yoghurt **(7)** Or Jelly

**TUESDAY**

**BEEF LASAGNE**  
Salad  
**(1, 2A, 4, 7, 9, 13)**

**VEGETABLE LASAGNE**  
Salad  
**(1, 2A, 4, 7, 9, 13)**

**HERBY TOMATO or  
BEEF BOLOGNESE**  
With Fusilli Pasta  
**(2A, 9, 13)**  
or Rice

**APPLE 'N' RHUBARB  
CRUMBLE & CUSTARD**  
**(2A, 4, 7, 13)**  
Fresh Fruit, Yoghurt **(7)** Or Jelly

**WEDNESDAY**

**FISH, CHIPS**  
Beans/Peas  
**(2A, 5)**

**VEGGIE NUGGETS.  
CHIPS**  
Beans/Peas  
**(2A)**

**HERBY TOMATO or  
CHICKEN TIKKA (7)**  
With Fusilli Pasta  
**(2A, 9, 13)**  
or Rice

**LEMON DRIZZLE  
MUFFIN**  
**(2A, 4, 7)**  
Fresh Fruit, Yoghurt **(7)** Or Jelly

**THURSDAY**

**SWEET & SOUR  
CHICKEN**  
Rice & Prawn Crackers  
**(2A, 3, 5, 13)**

**SWEET & SOUR  
VEGETABLES**  
Rice & Prawn Crackers  
**(2A, 3, 5, 13)**

**HERBY TOMATO or  
BEEF CHILLI**  
With Fusilli Pasta  
**(2A, 9, 13)**  
or Rice

**JAM SPONGE &  
CUSTARD**  
**(2A, 4, 7, 13)**  
Fresh Fruit, Yoghurt **(7)** Or Jelly

**FRIDAY**

**JACKET POTATO**  
Beans & Salad

**JACKET POTATO**  
Beans & Salad

**HERBY TOMATO or  
CHEESE (7)**  
With Fusilli Pasta  
**(2A, 9, 13)**

**CHOCOLATE &  
CHERRY BROWNIE**  
**(2A, 4, 7, 13)**  
Fresh Fruit, Yoghurt **(7)** Or Jelly

**FRESHLY PREPARED SALAD WITH A OPTION OF TOPPINGS CHEESE , CHICKEN TIKKA CHICKEN MAYO, HAM OR TUNA MAYO AND A SIDE OF JACKET POTATO, COLD PASTA OR CRUSTY ROLL.  
(ALL ITEMS SUBJECT TO AVAILABILITY)**

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