



Abbeyfield Weekly

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#19 – 13th February 2026

Principal's Message

As we move into term 4 of the academic year we will be focusing on the important values of kindness and respect in our community. I have previously discussed with students the importance of looking after each other and our surroundings and we will be returning to this theme this term. We will also, however, be looking at the importance of kindness and respect on social media. You may well be aware that this has been a key topic of conversation in the news with the growing use of AI and we want to ensure that our community remains kind and considerate both in person and online. We will be sharing more resources and guidance for parents (starting with some links further down the newsletter) to support everyone in working together to make our community as inclusive and respectful as possible.

Last term ended with the fantastic production of 'The Little Mermaid' - this was a culmination of months of work by students and staff alike and highlighted so many of the positive values that we cherish here at Abbeyfield. Hours of additional work had been put in by all parties to make the show such a success. As we start a new term it's crucial that students continue to set themselves these high standards, starting with being in school (and lessons) on time. We will be looking to celebrate the successes of those who consistently get the basics right over the coming weeks. This puts them in the very best position to be successful and we want to continue to instil this ethos in all of our students. We know, that we get the core fundamentals right, that great things can happen and this is as true with punctuality and attendance as it is with kindness and respect. Personal responsibility is a focus in the news at the moment and we will be picking up on this theme over the coming weeks.

Personal Development

Personal Development

PSHE – Term 3 Update Living in the Wider World (Careers)

This term, students across the school have been exploring living in the wider world, developing the knowledge and skills they need to make informed choices about their futures.

In Key Stage 3, students focused on recognising their strengths and interests, exploring possible career ideas and thinking about what success might mean for them. They discussed the rewards and challenges of work, entrepreneurship, and how jobs may change over time.

In Key Stage 4, learning became more focused on preparing for next steps. Students examined job applications and CVs, explored pathways after Year 11, and practised decision-making about the routes that best match their ambitions. They also considered workplace wellbeing, managing money, and how factors such as technology and climate issues may influence future employment.

PSHE – Term 4 Update Health and Wellbeing



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Next term in Personal Development, students will focus on health and wellbeing through our Relationships, Sex and Health Education (RSHE) programme. This learning follows statutory Department for Education guidance and helps young people develop the knowledge and confidence they need to make safe, healthy and positive choices as they grow up.

Across the school, students will explore topics such as puberty and physical development, self-esteem, emotional wellbeing, healthy lifestyles, substance misuse and managing risk. As they get older, students will also learn more about sexual health, contraception, pregnancy choices, respectful relationships, peer-on-peer abuse, and ways to manage stress, alongside understanding where and how to seek support.

The curriculum is designed to build from Year 7 to Year 11 so that students return to key ideas in greater depth and with increasing maturity.

Lessons are delivered by trained staff in a safe and supportive environment where questions can be asked respectfully. We value the partnership between school and home, and we encourage families to continue these conversations together.

Parental right to withdraw: Parents have the right to request withdrawal from some or all of the sex education elements of RSHE that are outside the national science curriculum. There is no right to withdraw from Relationships Education or Health Education. If you are considering withdrawal, we invite you to contact the school so we can talk through the programme with you. Requests should be made in writing to the Headteacher.

PSHE Topic By Year Group Term 4

	Year 7	Year 8	Year 9	Year 10	Year 11
Term 4	Health and wellbeing	Health and wellbeing	Health and wellbeing	Health and wellbeing	Health and wellbeing
Lesson 1 (B)	Growing up: physical and mental changes (including dental health)	Addictive substances: alcohol	Addictive substances: legal and illegal drugs	Sexuality and gender identity: coming out and building inclusive relationships	Illegal drugs: risks, consequences and support
Lesson 2 (A)	Self-esteem	Smoking, vaping and peer influence	Smoking and vaping: risks and addiction	Sexual health: choosing and accessing contraception	Fertility and factors that impact it
Lesson 3 (B)	Understanding menstruation	Different substances: legal and illegal drugs	Healthy lifestyles: health services, self-examination and vaccination	Understanding pregnancy and choices: abortion, adoption and positive relationship dynamics	Peer on peer abuse
Lesson 4 (A)	Boys' puberty	Healthy eating and cholesterol	Healthy lifestyles: achieving balance	Year 10 on work experience	Screen addiction and studying
Lesson 5 (B)	Social media and mental health	Careers workshop (Theatre CDY)	Mental health: developing coping strategies	Family life, parenthood and caring responsibilities	Exam stress and mental health

National Apprenticeship Week

 **National Apprenticeship Week 9-15th February 2026 – Explore the Opportunities!**

We're excited to be celebrating National Apprenticeship Week, a fantastic chance for parents and students to discover the wide range of apprenticeship pathways available after school. Apprenticeships offer a valuable blend



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of paid work experience, industry-recognised qualifications, and hands-on learning, making them an excellent option for many young people.

To help families learn more, Amazing Apprenticeships has created a hub packed with helpful information, videos, guides, and resources designed specifically for parents and students. You can explore everything here:

👉 <https://www.amazingapprenticeships.com/naw/>

We encourage you to take a look and start conversations at home about the exciting possibilities apprenticeships can offer.

🗨️ Meet an Apprenticeship Provider – Wednesday 11th February

As part of our celebrations, we are pleased to be welcoming Katie from Starting Off Apprenticeships into school during Break A on Wednesday 11th February. Katie will have a stand in the library, and students are encouraged to pop in, ask questions, and find out more about the apprenticeship routes available locally.

This is a great opportunity for students to speak directly with an apprenticeship expert and gain insight into what opportunities might suit them. If you would like to know more about Starting Off Apprenticeships please see link: [Starting Off - Finding and Training Future Stars](#)

NATIONAL APPRENTICESHIP WEEK 2026

9-15 FEBRUARY 2026

National Apprenticeship Week brings together the entire apprenticeship community to celebrate everything that is amazing about apprenticeships. We've been working with schools, colleges, teachers, students, employers, parents and apprentices to ensure that you have everything you need to make the week a huge success.

Explore our fantastic range of new resources for National Apprenticeship Week 2026 below.



Red Nose Day!



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Red Nose Day – 20th March

On Friday 20th March, we will be raising money for Red Nose Day (Comic Relief) by inviting all staff and students to wear something red.

Students must continue to wear their full school uniform, but they may add a red item such as a red nose, red T-shirt, jumper, headband, or any other suitable accessory.

We are asking for a £1 donation, which will go directly to Comic Relief.

As we are a cashless school, please do not bring money into school.
All donations should be made via our

JustGiving page:

https://www.justgiving.com/fundraising/rnd26-abbeyfield-school?utm_medium=FR&utm_source=CL

Thank you in advance for your support.

Online safety & use of social media

Following on from recent communications with you about online safety, your children have been learning about online safety this week and this learning will continue after the half term as an ongoing priority for us.

We are aware that some students are using social media inappropriately, including the use of AI generated content. AI is an ever-growing tool which has many benefits but also comes with multiple risks, particularly for children. Where AI meets social media, the risks become even more complex. We would like to promote you as



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parents/carers to continue to monitor your child's devices to ensure they are using social media safely and to ensure they are only accessing appropriate content for their age. If we come across students who are using social media to post inappropriate content of students or staff, serious consequences will be put into place.

To learn more about how to use parental controls to keep your children safe online, including the use of AI, please see these useful NSPCC links:

<https://www.nspcc.org.uk/about-us/news-opinion/2025/artificial-intelligence-safety-tips-for-parents/>

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/parental-controls/>

Half term information

**PLACES WHERE KIDS EAT FREE (OR FOR £1)
FEBRUARY HALF TERM 2026**
moneysavingcentral.co.uk/kids-eat-free

ANGUS STEAKHOUSE Kids under 8 eat FREE daily, 12pm to 5pm	MORRISONS Kids Eat FREE all day, every day with a £5 spend
ASDA Kids eat for £1 daily, with no adult spend	PAUSA CAFE @ DUNELM Kids eat FREE with every £4 spend all day
ASK ITALIAN Kids under 10 eat for £1 during school holidays	PREMIER INN 2 kids eat for free with 1 adult breakfast
BELLA ITALIA Children eat free Sunday - Thursday	PRETO Kids up to age 10 eat free with 1 paying adult
BEEFEATER & BREWERS FAYRE 2 Kids Eat Free Breakfast with one paying adult	PREZZO Kids eat for £1 from 6th Jan to 11th February 2026.
BILLS Kids eat free Monday 17th - Friday 28th Feb	PUREZZA Kids under 10 get free pizza with every adult meal
BREWDOG Kids eat free this Feb Half Term	PIZZA HUT Kids Eat Free Every Day after 3pm
BEEFEATER & BREWERS FAYRE 2 under 16s get free breakfast daily with 1 adult	SA BRAINS PUBS Kids eat for £1 on Wednesdays
COCONUT TREE Kids eat FREE from 10 th to the 16 th of Feb 2026.	SIZZLING PUBS Kids eat for £1, Every Monday to Friday, 3 - 7pm
CAFE ROUGE Kids Eat FREE 12-4pm every day of the week	TABLE TABLE 2 Kids Eat free breakfast daily with 1 paying adult
DOBBIES GARDEN CENTRES Kids eat for £1 with an adult breakfast or lunch	TGI FRIDAYS Kids Eat Free with any adult meal (Via App)
FRANKIE & BENNY'S Kids eat FREE during all school holidays	THE REAL GREEK Kids under 12 eat FREE Sundays with £10 spend
FUTURE INNS Under 5s eat for free with any adult meal	TRAVELODGE 2 kids eat for free with 1 adult breakfast
GORDON RAMSEY RESTAURANTS Kids under 10 eat FREE all day, every day	TURTLE BAY Kids eat free with every £15 adult spend
IKEA Kids get a meal from 95p daily from 11am	WHITBREAD INNS 2 kids eat for FREE with 1 adult breakfast
LAS IGUANAS Kids under 12 eat FREE with 'My Las Iguanas' App	YO! SUSHI Kids eat free all day (weekdays) in school holidays
MARCO PIERRE WHITE Kids under 12 Eat FREE daily with an adult spend	ZIZZI Kids eat free all day Feb 16th - 20th 2026

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Northampton Neighbourhood Police Team

BIKE SECURITY MARKING

Wednesday 18th February at 1pm-3pm

Outside Hunsbury Library, Overslade Close, NN4 0RZ

For more crime prevention advice visit
www.northants.police.uk/cp/crime-prevention



Members of the Local Police Team will be available to give security advice and answer questions FREE OF CHARGE

Girls Dodgeball Empowerment

GIRLS DODGEBALL EMPOWERMENT

Safe, fun space to build confidence and try new activities!



CORBY DODGEBALL CLUB

FREE SESSION Our weekly dodgeball sessions are all about confidence, friendship, and inclusion. Whether you're new to sport or already love being active, there's a place for you on our court.

JOIN TODAY AND GROW WITH US

WHO 8-17 Years Old Girls and Young Women

WHEN Tuesday Evenings (Termly) 8:00pm - 9:00pm

WHERE Corby Business Academy Greiton Road, Corby NN17 5EB

CORBY DODGEBALL CLUB
CORBY-DODGEBALL-CLUB@HOTMAIL.CO.UK **SPORTEd**

Sixth Form Socials

📰 Big News! 📰

Our amazing Sixth Form now have their very own Instagram & Facebook accounts! 📷

📷 Follow us for:



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- ✦ Behind-the-scenes moments
- 🎓 Student achievements
- 📅 Upcoming events
- ...and so much more!

👉 Instagram: [@abbeyfield_sixthform_npton](#)

👉 Facebook: Abbeyfield SixthForm

Show your support and hit that Follow button today! ❤️

Northamptonshire Talking

More information regarding what is going on in our local area from Northamptonshire police can found here at Northamptonshire Talking - <https://www.northamptonshiretalking.co.uk/Content/Pages/Latest-Alerts>

Parking, Roadworks & E-scooters

🔔 Reminder to All Parents & Carers

For the safety of all our children, please ensure that when dropping off or collecting your child from school, you:

- Adhere to the speed limit.
- Stay alert and mindful of your surroundings.
- Watch for children crossing and follow all school zone signs

⚠️ Important Notice Regarding Roadworks

Due to ongoing roadworks, we kindly ask that:

- Parents do not park on the slip road to collect students.
- Students are not dropped off on the main road, even if traffic appears stationary.

These actions pose a serious safety risk to our children and school community.

🚫 Disabled Parking

Please remember that disabled parking bays are for Blue Badge holders only.

⚠️ Important Notice: E-Scooters Not Permitted 🚫 🛹

To ensure the safety of all students, staff, and visitors, please be aware of the following regulations:

- 🚫 Private e-scooters are strictly not allowed on school site.



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- ⚠️ It is illegal to ride a private e-scooter on public roads, pavements, cycle lanes, and other public spaces in the UK. Only approved rental e-scooters are legal to use.
- 📄 Anyone using a Voi rental e-scooter must hold a full, valid UK driving licence.
- 🚫 E-scooters must NOT be left blocking entrances, exits, pathways, or any access points. Any scooter causing an obstruction may be removed for safety reasons.

These rules are in place to protect the school community and ensure safe access around the site.

🙏 Thank you for your cooperation.

Upcoming School Events

February 2026

- **11th – 14th February** – The Little Mermaid Musical
- **26th February** – Year 9 KS4 Options Evening

March 2026

- **5th March** – World Book Day (more details to follow)
- **12th March** – Year 9 Parents evening
- **16th – 20th March** – Year 10 Work Experience week
- **20th March** – Red Nose Day (more details to follow)