

Year 7 Practical PE

	3/9 – 2/10 6 Lessons	5/10 – 5/11 6 Lessons	9/11 – 4/12 6 Lessons	7/12 – 15/1 6 Lessons	18/1 – 12/2 6 Lessons	22/2 – 19/3 6 Lessons	22/3 – 30/4 6 Lessons	3/5 – 28/5 6 Lessons	7/6 – 2/7 6 Lessons	5/7 – 21/7 3 Lessons
	1	2	3	4	5	6	7	8	9	10
7x1 Girls	Developing Fundamentals	Badminton	Zone ball	5-a-side Football	Netball	Gymnastics	Touch Rugby	Athletics	Rounders	Components of Fitness
7x2 Boys	Developing Fundamentals	Touch Rugby	Netball	Badminton	Gymnastics	5-a-side Football	Zone ball	Athletics	Tennis	Components of Fitness
7x3 Girls	Developing Fundamentals	Zone ball	Gymnastics	Netball	Touch Rugby	Badminton	5-a-side Football	Rounders	Athletics	Components of Fitness
7x4 Boys	Developing Fundamentals	5-a-side Football	Touch Rugby	Gymnastics	Zone ball	Netball	Badminton	Tennis	Athletics	Components of Fitness
7y1 Girls	Developing Fundamentals	Badminton	Zone ball	5-a-side Football	Netball	Gymnastics	Touch Rugby	Athletics	Rounders	Components of Fitness
7y2 Boys	Developing Fundamentals	Touch Rugby	Netball	Badminton	Gymnastics	5-a-side Football	Zone ball	Athletics	Tennis	Components of Fitness
7y3 Girls	Developing Fundamentals	Zone ball	Gymnastics	Netball	Touch Rugby	Badminton	5-a-side Football	Rounders	Athletics	Components of Fitness
7y4 Boys	Developing Fundamentals	5-a-side Football	Touch Rugby	Gymnastics	Zone ball	Netball	Badminton	Tennis	Athletics	Components of Fitness

Year 8 Practical PE

	3/9 – 2/10 6 Lessons	5/10 – 5/11 6 Lessons	9/11 – 4/12 6 Lessons	7/12 – 15/1 6 Lessons	18/1 – 12/2 6 Lessons	22/2 – 19/3 6 Lessons	22/3 – 30/4 6 Lessons	3/5 – 28/5 6 Lessons	7/6 – 2/7 6 Lessons	5/7 – 21/7 3 Lessons
	1	2	3	4	5	6	7	8	9	10
8x1 Girls	Trampolining	Flag Football	Ultimate Frisbee	Volleyball	Football	Handball	Basketball	Athletics	Tennis	Components of Fitness
8x2 Boys	Dodgeball (outside)	Basketball	Handball	Football	Volleyball	Flag Football	Ultimate Frisbee	Athletics	Rounders	Components of Fitness
8x3 Girls	Football	Trampolining	Ultimate Frisbee	Basketball	Flag Football	Volleyball	Handball	Tennis	Athletics	Components of Fitness
8x4 Boys	Basketball	Ultimate Frisbee	Trampolining	Flag Football	Handball	Football	Volleyball	Rounders	Athletics	Components of Fitness
8y1 Girls	Trampolining	Flag Football	Ultimate Frisbee	Volleyball	Football	Handball	Basketball	Athletics	Tennis	Components of Fitness
8y2 Boys	Dodgeball (outside)	Basketball	Handball	Football	Volleyball	Flag Football	Ultimate Frisbee	Athletics	Rounders	Components of Fitness
8y3 Girls	Football	Trampolining	Ultimate Frisbee	Basketball	Flag Football	Volleyball	Handball	Tennis	Athletics	Components of Fitness
8y4 Boys	Basketball	Ultimate Frisbee	Trampolining	Flag Football	Handball	Football	Volleyball	Rounders	Athletics	Components of Fitness

Year 9 Practical PE

	3/9 – 2/10 6 Lessons	5/10 – 5/11 6 Lessons	9/11 – 4/12 6 Lessons	7/12 – 15/1 6 Lessons	18/1 – 12/2 6 Lessons	22/2 – 19/3 6 Lessons	22/3 – 30/4 6 Lessons	3/5 – 28/5 6 Lessons	7/6 – 2/7 6 Lessons	5/7 – 21/7 3 Lessons
	1	2	3	4	5	6	7	8	9	10
9x1 Girls	Netball Courts	Sports hall	Gymnasium	Field	Goals	Field	Sports hall	Athletics	Tennis Courts	Components of Fitness
9x2 Boys	Sports hall	Goals	Field	Goals	Goals	Sports hall	Field	Athletics	Field	Components of Fitness
9x3 Girls	Gymnasium	Netball Courts	Goals	Sports hall	Gymnasium	Field	Goals	Field	Athletics	Components of Fitness
9x4 Boys	Field	Gymnasium	Field	Goals	Sports hall	Goals	Gymnasium	Tennis Courts	Athletics	Components of Fitness
9y1 Girls	Netball Courts	Sports hall	Gymnasium	Field	Goals	Field	Sports hall	Athletics	Tennis Courts	Components of Fitness
9y2 Boys	Sports hall	Goals	Field	Goals	Goals	Sports hall	Field	Athletics	Field	Components of Fitness
9y3 Girls	Gymnasium	Netball Courts	Goals	Sports hall	Gymnasium	Field	Goals	Field	Athletics	Components of Fitness
9h Boys	Field	Gymnasium	Field	Goals	Sports hall	Goals	Gymnasium	Tennis Courts	Athletics	Components of Fitness

Year 10 Practical PE

	3/9 – 2/10 4 Lessons	5/10 – 5/11 4 Lessons	9/11 – 4/12 4 Lessons	7/12 – 15/1 4 Lessons	18/1 – 12/2 4 Lessons	22/2 – 19/3 4 Lessons	22/3 – 30/4 4 Lessons	3/5 – 28/5 4 Lessons	7/6 – 2/7 4 Lessons	5/7 – 21/7 2 Lessons
	1	2	3	4	5	6	7	8	9	10
10x/Pe1 Competitive Girls	Trampolining	Football	Netball	Fitness Suite	Volleyball	Basketball	Badminton	Athletics	Rounders	Options
10x/Pe2 Competitive Boys	Dodgeball (Outside)	Rugby	Flag Football	Badminton	Football	Fitness Suite	Basketball (Outside)	Athletics	Softball	Options
10x/Pe3 Aesthetics	Table Tennis	Trampolining	Fitness Suite	Dance	Badminton	Yoga/Zumba	Volleyball	Zone ball	Tennis	Options
10x/Pe4 Recreational Individual	Badminton	Fitness Suite	Trampolining	Table Tennis	Ultimate Frisbee	Volleyball	Fitness Suite	Tennis	Athletics	Options
10x/Pe5 Recreational Team	Futsal	Dodgeball (Outside)	Ultimate Frisbee	Flag Football	Fitness Suite	Handball	Tag Rugby	Softball	Athletics	Options
10y/Pe1 Competitive Girls	Trampolining	Football	Netball	Fitness Suite	Volleyball	Basketball	Badminton	Athletics	Rounders	Options
10y/Pe2 Competitive Boys	Dodgeball (Outside)	Rugby	Flag Football	Badminton	Football	Fitness Suite	Basketball (Outside)	Athletics	Softball	Options
10y/Pe3 Aesthetics	Table Tennis	Trampolining	Fitness Suite	Dance	Badminton	Yoga/Zumba	Volleyball	Zone ball	Tennis	Options
10y/Pe4 Recreational Individual	Badminton	Fitness Suite	Trampolining	Table Tennis	Ultimate Frisbee	Volleyball	Fitness Suite	Tennis	Athletics	Options
10y/Pe5 Recreational Team	Futsal	Dodgeball (Outside)	Ultimate Frisbee	Flag Football	Fitness Suite	Handball	Tag Rugby	Softball	Athletics	Options

Year 11 Practical PE

	3/9 – 2/10 4 Lessons	5/10 – 5/11 4 Lessons	9/11 – 4/12 4 Lessons	7/12 – 15/1 4 Lessons	18/1 – 12/2 4 Lessons	22/2 – 19/3 4 Lessons	22/3 – 30/4 4 Lessons	3/5 – 28/5 4 Lessons	7/6 – 2/7 4 Lessons
	1	2	3	4	5	6	7	8	9
11x/Pe1 Competitive Girls	Trampolining	Football	Netball	Fitness Suite	Volleyball	Basketball	Badminton	Options	Options
11x/Pe2 Competitive Boys	Dodgeball (Outside)	Rugby	Flag Football	Badminton	Football	Fitness Suite	Basketball (Outside)	Options	Options
11x/Pe3 Aesthetics	Table Tennis	Trampolining	Fitness Suite	Dance	Badminton	Yoga/Zumba	Volleyball	Options	Options
11x/Pe4 Recreational Individual	Badminton	Fitness Suite	Trampolining	Table Tennis	Ultimate Frisbee	Volleyball	Fitness Suite	Options	Options
11x/Pe5 Recreational Team	Futsal	Dodgeball (Outside)	Ultimate Frisbee	Flag Football	Fitness Suite	Handball	Rugby	Options	Options
11y/Pe1 Competitive Girls	Trampolining	Football	Netball	Fitness Suite	Volleyball	Basketball	Badminton	Options	Options
11y/Pe2 Competitive Boys	Dodgeball (Outside)	Rugby	Flag Football	Badminton	Football	Fitness Suite	Basketball (Outside)	Options	Options
11y/Pe3 Aesthetics	Table Tennis	Trampolining	Fitness Suite	Dance	Badminton	Yoga/Zumba	Volleyball	Options	Options
11y/Pe4 Recreational	Badminton	Fitness Suite	Football	Table Tennis	Ultimate Frisbee	Volleyball	Dodgeball (Outside)	Options	Options