

Sex and relationships policy



*Creative
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Trust*

1. Rationale

- 1.1. The Academy is committed to promoting student well-being through the delivery of effective sex and relationships education programmes. Developing responsible attitudes and behaviour towards sex and relationships will help ensure that students stay safe and healthy.

2. Aims and Objectives

The Sex and Relationships education programmes will:

- 2.1. provide students with a knowledge base so that they can understand sexual attitudes and behaviour;
- 2.2. help students make informed and responsible decisions related to their sexual well-being;
- 2.3. develop self-esteem in students as a basis for responsible and caring relationships;
- 2.4. help students to be confident about the physical, emotional and moral aspects of sexual maturity;
- 2.5. develop knowledge and understanding of relevant topics, eg male and female puberty, menstruation, contraception, AIDS, sexually transmitted diseases;
- 2.6. encourage understanding of the variety of personal relationships and reflect on the benefits of commitment and stability towards others;
- 2.7. allow students to explore moral values and family values;
- 2.8. develop an awareness of the pressures on students to behave in certain ways and to help improve confidence in dealing with such pressures;
- 2.9. develop personal skills and qualities, eg listening, questioning, communicating, tolerance, empathy; and
- 2.10. encourage students to talk about sex and relationships with their parents/carers.

3. Delivery

- 3.1. Sex and relationships education will be delivered through curriculum areas, eg Science and Humanities, and through the Social, Personal and Citizenship Education programme.
- 3.2. The content and methods used are designed to be appropriate to the age and development of the students.
- 3.3. Teachers/Tutors will be sensitive to religious beliefs and cultural practices.
- 3.4. Teaching will be enhanced by the use of appropriate outside agencies, in particular the Academy nurse who works closely with students and staff in the preparation of resources and the delivery of lessons. Theatre groups may be used where resources permit this.
- 3.5. The Academy nurse will be available once a week to provide personal and confidential advice.
- 3.6. Staff will provide counselling for students who seek guidance on particular matters, and will refer them to appropriate agencies where necessary. Where



issues of Child protection are raised staff must follow the Academy policy and procedures for Safeguarding Children

- 3.7. Where appropriate, parents will be informed when lesson or series of lessons may cover sensitive issues. Parents will then be made aware of their right to remove their child from such lessons.
- 3.8. Members of staff who feel uncomfortable about teaching specific topics can request that they are taken off the teaching programme for that topic. However, the Principal must ensure the delivery of sex and relationships education within the curriculum.

4. Roles and Responsibilities

Leadership Group

- Monitor and evaluate the Sex and Relationships Education Policy.
- Monitor the quality of teaching and learning related to sex and relationships education.

Subject and Year Leaders

- Develop and ensure that programmes of study cover the required knowledge and skill development related to sex and relationships education.
- Ensure that staff are trained and have accurate subject knowledge to deliver the programmes of study.
- Monitor the quality of teaching and learning via the Year Leader's or Subject Leader's review process/spotlight.
- Ensure that the quality of resources is good and up dated regularly.
- Co-ordinate outside agencies to deliver appropriate and relevant topics.